



Referral to diabetes prevention program

Send to Email: bob@TrinityHealthCoaching.com Or FAX to: 915-207-1573

PATIENT INFORMATION				
First name			Address	
Last name				
Health insurance	1		City	
Gender □ N	/lale □ Female		State	
Birth date (mm/dd/yy)		ZIP code		
Email		Phone		
By providing your information above, you authorize your health care practitioner to provide this information to a diabetes prevention program provider, who may in turn use this information to communicate with you regarding its diabetes prevention program.				
PRACTITIONER INFORMATION (COMPLETED BY HEALTH CARE PRACTITIONER)				
Physician/NP/PA	Physician/NP/PA		Address	
Practice contact		City		
Phone		State		
Fax		ZIP code		
SCREENING INFORMATION				
Body Mass Index (BMI) Eligibility = ≥ 24 (≥ 22 if Asian)*				
Blood test (check one)		•	Test results (one only)	
☐ Hemoglobin A1C		5.7-6.4%		Date of blood test
☐ Fasting Plasma Glucose		100-125 mg/dL		
□ 2-hour plasma glucose (75 gm OGTT) 140–199 mg/dL				/
Gestational Diabetes Pregnancy				
For Medicare requirements, I will maintain this signed original document in the patient's medical record.				
Date Practitioner signature				
IAL	By signing this form, I authorize my physician to disclose my diabetes screening results to Trinity Health Coaching for the purpose of determining my eligibility for the diabetes prevention program and conducting other activities as permitted by law. I understand that I am not obligated to participate in this diabetes screening program and that this authorization is voluntary.			
0	I understand that I may revoke this authorization at any time by notifying my physician in writing. Any revocation will not have an effect on actions taken before my physician received my written revocation.			
	Date Pa	atient signature		

IMPORTANT WARNING: The documents accompanying this transmission contain confidential health information protected from unauthorized use or disclosure except as permitted by law. This information is intended only for the use of the individual or entity named above. The authorized recipient of this information is prohibited from disclosing this information to any other party unless permitted to do so by law or regulation. If you are not the intended recipient and have received this information in error, please notify the sender immediately for the return or destruction of these documents. Rev. 05/30/14

^{*} These BMI levels reflect eligibility for the National DPP as noted in the CDC Diabetes Prevention Recognition Program Standards and Operating Procedures. The American Diabetes Association (ADA) encourages screening for diabetes at a BMI of ≥23 for Asian Americans and ≥25 for non-Asian Americans, and some programs may use the ADA screening criteria for program eligibility. Please check with your diabetes prevention program provider for their specific BMI eligibility requirements.